

JEWISH FOR GOOD AQUATICS SCHEDULE: MAY 1 - MAY 10

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7am									
7:30am									
8am									
8:30am							LAP SWIM: 8-8:45am		
9am	GROUP EXERCISE: 9:15-10am	LAP SWIM: 9-9:45am		LAP SWIM: 9-9:45am			LAP SWIM: 9-9:45am		
9:30am									
10am	LAP SWIM: 10-10:45am	GROUP EXERCISE: 10-10:45am	GROUP EXERCISE: 10:15-11am	GROUP EXERCISE: 10-10:45am	GROUP EXERCISE: 10:15-11am		LAP SWIM: 10-10:45am		
10:30am									
11am	LAP SWIM: 11-11:45am	LAP SWIM: 11-11:45am		LAP SWIM: 11-11:45am			LAP SWIM: 11-11:45am		
11:30am									
12pm	LAP SWIM: 12-12:45pm	ECLC IN FAMILY POOL: 12-2pm	ECLC IN FAMILY POOL: 12-2pm	ECLC IN FAMILY POOL: 12-2pm					
12:30pm									
1pm	LAP SWIM: 1-1:45pm						LAP SWIM: 1-1:45pm		
1:30pm									
2pm			LAP SWIM: 2-2:45pm		LAP SWIM: 2-2:45pm				
2:30pm									
3pm			LAP SWIM: 3-3:45pm		LAP SWIM: 3-3:45pm				
3:30pm									
4pm									
4:30pm		SWIM TEAM: 4:30-7pm	SWIM TEAM: 4:30-7pm	SWIM TEAM: 4:30-7pm	SWIM TEAM: 4:30-7pm				
5pm									
5:30pm									
6pm									
6:30pm									
7pm		LAP SWIM: 7-7:45pm	LAP SWIM: 7-7:45pm	LAP SWIM: 7-7:45pm	LAP SWIM: 7-7:45pm				
7:30pm	CLEAN AND RESET FOR TOMORROW								