



FOR IMMEDIATE RELEASE

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**NEW LECTURE SERIES FOR BABY BOOMERS
Jewish Family Services Provides Important
Tips and Tools for Community Members**

DURHAM, North Carolina (January 9, 2014): Jewish Family Services, an agency of the Jewish Federation of Durham-Chapel Hill is pleased to announce the launch of a new 4-part lecture series that will cover the following relevant topics:

- Strategies for planning and affording care at the end of life
- Ways to finance the cost of longterm care
- Information on relocation planning and downsizing.
- Guidance on the process of moving an older adult to another level of housing/care

If you are an adult with an aging parent, an aging parent yourself, or are thinking about and planning for your retirement, this series is a must!

January 16: Planning for Long Term Independence with Martha Grove Hipskind, Eldercare Consultant and In-Home Services Coordinator, The Center for Volunteer Caregiving

February 20: Financial Planning as your Parents Age with Julie Kelly, Financial Advisor

March 20: Downsizing, Decluttering, and Relocating with Jodi Bakst and Susan Morris, Senior Real Estate Specialists

April 17: Financing Long Term Care with Janett Greenberg, Retired LTC Executive, New York Life Long Term Care Insurance

“We are very excited about the launch of this series. The topics we will cover are relevant to so many in our community, and we are honored that Jewish Family Services has the opportunity to shed light on these important topics,” described Donna Rabiner, Director of Jewish Family Services. “This program is integral to our work of providing affordable services and educational workshops to help empower people to care for themselves and each other.”

Admission is free, and all lectures will take place the third Thursday of the month from 7-8pm at the Levin Jewish Community Center, 1937 W. Cornwallis Rd. Durham NC 27705. Free parking is available, and light refreshments will be served. RSVP is required – please contact Donna Rabiner at 919-354-4922 or email drabiner@shalomdch.org by the Monday prior to each event.

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About the Jewish Federation of Durham-Chapel Hill:

The mission of the Jewish Federation of Durham-Chapel Hill is to connect Jews in the local community, to help those in need both here and abroad, and to provide and support programs and services that enable current and future generations to lead more meaningful lives inspired by Jewish values.

About Jewish Family Services:

The purpose of Jewish Family Services (JFS) is to strengthen and preserve the quality of individual and family life within the Jewish community. JFS offers a comprehensive range of services that help people meet life's challenges. Guided by the Jewish values of communal responsibility and social justice, JFS is passionate in its commitment to serve all members of the community. These members include but are not limited to interfaith families, the elderly and their families, and those among us who are not affiliated with other Jewish institutions. As an integral part of the Jewish Federation of Durham-Chapel Hill, JFS is dedicated to promoting the well-being of all those within the community who need support and service. JFS delivers high-quality, professional social services for adults and families through all stages of life. JFS strives to improve quality of life by providing affordable services and educational workshops that help foster the Jewish tradition of empowering people to care for themselves and each other.

The Jewish Federation of Durham-Chapel Hill is a 501(c)3 non-profit organization.

<http://www.shalomdch.org>

<http://www.levinjcc.org>